

Fordell Firs Information Sheet

Dates:

Monday 3rd October – 1A and 1B

Tuesday 4th October – 1C and 1D

Wednesday 5th October – 1E and 1F

What to bring:

- Weather appropriate clothing (hat/gloves/warm socks/waterproof)
- Clothing suitable for outdoor activities (not jeans)
- Footwear appropriate for outdoor activities (old trainers or shoes that you don't mind getting dirty)
- Water
- Packed lunch
- Sun Cream
- Any medication or inhaler that is required

Activities:

Groupings will be made known prior to departure on the day.

Session 1 09.30-11.00	Session 2 11.00-12.30	Session 3 13.30-15.00
Crate Climbing Group 1	Challenge Course Group 1	Team Building Group 1
Challenge Course Group 2	Team Building Group 2	Crate Climbing Group 2
Team Building Group 3	Crate Climbing Group 3	Challenge Course Group 3
Jacobs Ladder Group 4	Challenge Course 2 Group 4	Team Building 2 Group 4
Challenge Course 2 Group 5	Team Building 2 Group 5	Jacobs Ladder Group 5